

BALANCE 180 GYMNASTICS SUMMER CAMP 2024

Week 1: July 8th - 12th

Week 2: July 15th - 19th

Week 3: July 22nd - 26th

Summer of Exploration.

Join us this summer for fun, flips, and fitness! Practice your handstands, cartwheels, round-offs, and handsprings with the guidance of our experienced instructors. Participate in our gymnastics obstacle courses, fitness challenges, and fast-paced games that keep everyone moving and having a blast. No prior gymnastics experience necessary.



Create Lasting Memories with Balance 180



We will also have fitness challenges, supervised open gym, snack time, outdoor activities, gymnastics and so much more!

What goes on at Balance 180 Summer Camp?



GAMES



SPECIAL GUEST



DANCING



FUN FRIDAYS



GYMNASTICS



Join the Fun!

We are going strong with summer camp activities from 8:30am-3:30pm. Below is a sample schedule of how we spend our time together.

Good morning, campers!

Arrival and pre-camp quiet activities
Gymnastics
Fun in the sun outside activities
Crafts & Games
Snack time
Special guest
Dance

Onward to the afternoon...

Lunch...time to refuel!

Gymnastics

Open gym

Camp leaders and close out...see you back tomorrow!





REGISTRATION RATES

Please see below for a breakdown of our summer camp rates:

Weekly Rate

\$260/week for first child 10% discount for siblings

Registration (non-members)

1st child \$30 2nd Child \$25

Family of 3+ \$65

Early Drop Off

\$7/child per day

SPECIAL NOTES

- Camp is open to children ages 4+.
- All campers will receive a Balance 180 summer camp t-shirt during their first week of camp.
- Balance 180 provides a snack and drink to all campers.
- We ask that you pack a lunch that does not require refrigeration.
- Campers should be potty trained.

EARLY DROP OFF

Early drop off hours will be available for an additional \$7 per day per camper. Early drop off begins at 7:30am. Great for parents who need to drop off their kids on their way to work!



JOIN US FOR A SUMMER OF EXPLORATION!

Come for one week or all three!

Summer Camp Themes:

Week 1: Wild West

Week 2: Ocean Exploration

Week 3: Jurassic Park

